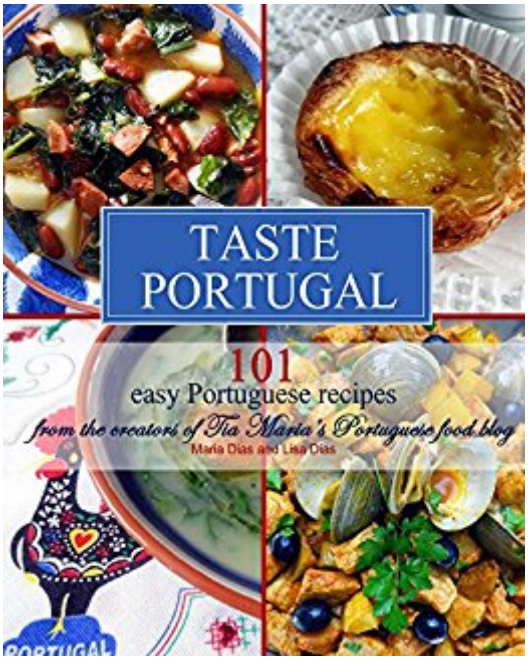
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Taste Portugal | 101 Easy Portuguese Recipes



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Synopsis

Taste Portugal, 101 easy Portuguese recipes from Tia Maria's Portuguese Food Blog by Food Blogger Maria Dias and her daughter Lisa Dias will bring you a taste of classic Portuguese cuisine into your home. The recipes contained in this cook book are easy for the everyday home cook to prepare, theyÃ¢â ¬â„¢re made with simple ingredients, and they require basic equipment that most home cooks have in their kitchen. Portuguese cuisine is a simple and healthy Mediterranean style diet which consists of fresh fish and seafood, fresh meats, fruits and vegetables, cheese, wine, olive oil, and egg rich desserts. In Portuguese culture, food has always been a central part of hosting social gatherings creating a welcoming atmosphere which makes even a stranger feel like family. These recipes will let you create your own special moments and fond memories with your family and friends. What began for Maria and Lisa as a challenging labor of love by simply sharing recipes on Tia Maria's Blog, has now transformed into a commitment of preserving the rich Portuguese food culture, promoting the nationÃ¢â ¬â„¢s cuisine, and inspiring people to learn how to cook these recipes so they can pass them on to the next generation. Come along, and learn how to cook 101 easy Portuguese recipes and taste Portugal!

Book Information

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Customer Reviews

I have been a fan of Maria’s blog for some time and was thrilled to hear about this book. I now have some solid Portuguese recipes in the very robust Kindle reader format.Maria is an excellent cook - and more importantly, communicates that skill and passion quite adroitly. I am a first generation American and am a fair baker myself. I enjoy baking - Portugal has some very savory pastries - and while I have some recipes learned at Vavo’s apron, I find Maria’s to be quite authentic - and easy to follow. I love her recipes and wholeheartedly endorse them as VovÃƒÂ approved. Some of us can’t make it to the Academic or Antonios. With this cookbook, you bring Fall River to your kitchen.

Excited to make some of these recipes. I married I to a Portuguese family where traditional meals are still a part of their daily mainstays. Have always wanted a more detailed account of the recipes. Although my mother in law shared she never measured. This will be very helpful.

Love it! Reminds me of my Mae’s and Avo’s cooking! Now I have a great book to re-create these memories! Thank you!!

Great cookbook! Can’t wait to start making things out of it! Some of my favorite dishes! I was so excited that she came out with a book because I have been following her facebook blog for quite some time! If you haven’t bought this cook book you need to!

Thank you! From an American girl married to a Portuguese man :) (also a neighbor since I am in Springfield, MA...)I have been looking for a cookbook with the recipes that I am familiar with from my mother in law. Sadly, my MIL passed away when my kids were small, and because she lived in Portugal, I never learned her culinary secrets (she never wrote anything down she was just a brilliant cook...). The books I did find were just not the same; either they were written in Portuguese, or they were poor English translations.I cannot wait to try so many of these recipes!! They are things my MIL made, as well as dishes that I have had in good Portuguese restaurants.

Outstanding Cook Book! A must have. Easy to follow recipes with common ingredients. Everything we made so far was amazing.

I bought this for my mae’ to preserve her heritage.... as I was reading through it, I see how many wonderful and easy recipes there are just waiting to be made! I will be making a couple of recipes

from it for Christmas to surprise my Mae'! I may just have to order one for myself! If anyone loves Portuguese cuisine, this book is for you!

Having been born in Portugal, most of these recipees resonated well with me. Most of my life, I've lived in the U. S., and generally we dine on tipical American style coisene at home. We also enjoy variety but fall back on dishes from Potugal when possible. This book is easy to follow and has an excellent selection of dishes which, when done correctly, touch the soul.

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